THE AVENUES MEDICAL CENTRE NEWSLETTER

March 2020



FLU SEASON 2019/20

Our seasonal Flu campaign will end on 31st March 2020

IF YOU ARE 65 AND OVER AND HAVE NOT YET HAD YOUR FLU VACCINE YOU HAVE UNTIL THIS DATE TO HAVE IT.

PLEASE CONTACT THE SURGERY TO ARRANGE AN APPOINTMENT IN ONE OF OUR FLU CLINICS.

Protected Time for Learning

The surgery will be closed from 12.30pm on Wednesday 18th

March 2020

If you require urgent medical assistance during this time please call 111

FORGET FACE MASKS WASH YOUR HANDS



NOVEL CORONAVIRUS (WN-CoV) Alert!

If you have returned, since 19th
February 2020, from Northern Italy, Vietnam, Cambodia, Laos, Myanmar and develop symptoms, <u>however mild</u>, you should self-isolate at home immediately and call NHS111.

OR

If you have returned from Iran, Northern Italy, South Korea, Hubei province, since 19th February 2020 you should call NHS111 and self-isolate EVEN IF YOU DO NOT HAVE SYMPTOMS

For more information please visit:

https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public